

**Agenda**  
**Face the Fear**  
**Two Day Workshop (14 Hours)**  
**Day One**

<b>Time</b>	<b>Topic</b>	<b>Delivery Method</b>
9.00-9.30	Housekeeping Hand out manual Manual orientation Introductions	Discussion
9.30-10.45	Intrauterine reflexes and brain development How do reflexes effect emotional and behavioral development The FPR – recognizing and characteristics	PowerPoint presentation Discussion
10.45-11.00	Tea Break	
11.00- 12.15	Emotions and statements associated with retained FPR Goal/intention setting for the FPR Pre-activities for the FPR	Demonstration of FPR checks Practice checking for the FPR
12.15-12.30	RMT and Pre-birth movements for the FPR	Discussion, demonstration and Practice
12.30 – 1.30	Lunch	
1.30 – 3.00	Further Activities for the FPR – movements and activities related to tactile and vestibular integration necessary for FPR integration Explanation of Water Element and Kidney and Vital meridians from acupressure	PowerPoint presentation Demonstration of integration activities Practice activities
3.00 – 3.30	Post activities for FPR What is different what is the same? Setting up a home support program	Demonstration Repeat checking activities Set up a home support program Discussion

3.30-3.45	Tea Break	
3.45-4.15	<p>Review Moro reflex (Level 2)</p> <p>The importance of the integration Moro in establishing sense of security and safety</p> <p>Connection of language development</p> <p>Bonding and attachment</p> <p>The seeking and reward system</p> <p>Why the Moro can be challenging to integrate</p> <p>Links between Moro and other reflexes</p> <p>– Spinal Perez and 1<sup>st</sup> part of Moro</p> <p>Grasp, Infant Plantar and Rooting/Suck to 2<sup>nd</sup> Part of Moro</p> <p>Babkin to Moro and Bonding</p>	<p>PowerPoint presentation</p> <p>Discussion</p>
4.15-5.15	Spinal Perez reflex	<p>PowerPoint</p> <p>Demonstration of Spinal Perez protocol – checks and integration</p> <p>Practice Protocol</p>
5.15-5.30	<p>Reminders – written assessment, to be completed by end of tomorrow</p> <p>Feedback form</p>	Discussion

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9.00-9.30	Feedback about yesterday Any questions Review of yesterday	Discussion
9.30-10.45	The Palmar Grasp reflex Relationship to Moro, language and bonding and ability to feel safe Statements and affirmations	PowerPoint presentation Demonstration of Protocol
10.45-11.00	Tea Break	
11.00- 11.30	The Infant Plantar Reflex Relationship to Moro, language and bonding and development of motor planning and moving safely Motor planning of speech Statements and affirmations	PowerPoint Demonstration of protocol
11.30-12.30	Practice – Grasp and Infant Plantar	Practice Discussion and feedback
12.30 – 1.30	Lunch	
1.30 – 3.30	The Rooting and Suck reflexes Relationship to development of Language and communication Statements and affirmations	PowerPoint Demonstrate rooting/suck protocol Demonstrate Facial massage Practice rooting/suck checks and protocol Practice facial massage
3.30-3.45	Tea Break	
3.45-4.45	The Babkin Reflex Development of attachment and bonding	Discussion Demonstrate Checks and Protocol Practice new activities

4.45-5.00	Questions Clarifications Oral – answer questions based on RMT questionnaires for parents	Discussion
5.00-5.30	Complete test Closing – Certificates given	Discussion