

Agenda
RMT Two – Emotions, Memory & Behavior
One Day Workshop (7 Hours)

| Time | Topic | Delivery Method |
|-------------|--|---|
| 9.00-9.15 | Housekeeping Hand out manual Manual orientation Feedback /Questions from Level One | Discussion |
| 9.15-10.15 | Introduction – how we Handle Stress Learning to be Safe The Role of the Defensive Reflexes for Learning to be Safe and Developing Emotional Maturity | PowerPoint presentation Discussion |
| 10.15-10.45 | FPR – Introduction Challenges | PowerPoint Demonstration |
| 10-45-11.00 | Tea Break | |
| 11.00-11:45 | FPR Procedure Pre-Birth Movements Other possible techniques | Discussion PowerPoint Practical Demonstration of Procedure and movements Practice Procedure |
| 11:45-1:00 | Moro reflexes – overview Challenges Isometrics | PowerPoint Discussion Practical Demonstration of Procedure and movements Practice Procedure |
| 1:00-2:00 | Lunch | |
| 2:00 – 2.15 | Moro Reflex – feedback and clarifications | Discussion |
| 2.15-2:30 | Review Possible Emotional & Physical Reactions to Rhythmic Movements | PowerPoint Discussion |
| 2:30-2:45 | The Importance of Play in Development | PowerPoint Discussion |
| 2:45-3:30 | The Babkin Reflex – Overview Challenges | PowerPoint Discussion Practical Demonstration of Procedure and movements Practice Procedure |
| 3.30-3.45 | Tea Break | |

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| 3.45-4:45 | <p>Attack & Defense Behavior and the Tendon Guard Used as a review of movements, reflexes and postures from Level 1 & 2 – relating movements to reflex observations</p> | <p>Discussion Question and answer Demonstrate modifications to some movements Practice modifications</p> |
| 4.45-5:15 | <p>Review RMT & Seizures (Level 1) Possible reactions – letter for parents Course Overviews Behavior and Challenges Questionnaire Step for being a RMTi Consultant Other information</p> | <p>PowerPoint Discussion</p> |
| 5.15-5:30 | <p>Final questions - close</p> | <p>Discussion</p> |