

**Agenda**  
**RMT 3 - Reading and Writing**  
**Two Day Workshop (14 Hours)**  
**Day One**

<b>Time</b>	<b>Topic</b>	<b>Delivery Method</b>
9.00-9.15	Housekeeping Hand out manual Manual orientation Introductions	Discussion
9.15-9.45	Review of Reflexes and Movements How can we add vision and auditory to the movements	Demonstration Practice
9.45-10.30	Reading & Sensory Processing Neural Network of Reading	PowerPoint Discussion
10.30-10.45	Tea Break	
10.45- 11.15	Corpus Callosum Specialization of the Hemispheres	Group Discussion and reporting PowerPoint
11.15-11.45	Prof. Iain McGilchrist DVD - <b>The Divided Brain</b> Specialization of the Hemispheres	Video Discussion
11.45-12.30	Development of Vision and Visual Skills How do we recognize when retained reflexes are involved in visual challenges	PowerPoint Demonstration of visual checks and their relation to posture and reflexes Practice
12.30 - 1.30	Lunch	
1.30 - 2.30	The Moro Reflex Review - level 2 info How is the Moro involved in Visual and Auditory processing challenges? Extra checks for the Moro Extra Movements and Isometrics Doing isometrics with children - passive isometrics and awakening proprioception	PowerPoint Demonstrate new checks and movements Practice new material and protocol

2.30-3.15	<p>The Asymmetric Tonic Neck Reflex (ATNR) The importance of the ATNR for reading and writing challenges</p>	<p>PowerPoint Demonstrate ATNR Protocol – with checks and movements and isometrics Discussion</p>
3.15-3.30	Tea Break	
3.30-4.30	ATNR continues	<p>Swap ATNR checks and protocols Discussion</p>
4.30-5.15	<p>TLR Review from Level One Extra Vision</p>	<p>PowerPoint Groups – how to revise movements for vision and the TLR Group demonstrations</p>
5.15-5.30	<p>Reminders – written test, to be completed by end of tomorrow Feedback form Any questions</p>	Discussion

**RMT 3 - Reading and Writing  
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Day Two**

<b>Time</b>	<b>Topic</b>	<b>Delivery Method</b>
9.00-9.30	Feedback about yesterday Any questions Review of yesterday	Discussion
9.30-10.45	The Head Righting Reflexes (HRR) Review Postural reflexes Why this development of HRR important in developing academic skills How does HRR relate to TLR and ATNR	PowerPoint Demonstrate HRR Protocol Practice protocol
10-45-11.00	Tea Break	
11.00- 12.15	Symmetrical Tonic Neck Reflex (STNR) Review from Level One Adding Vision/ Auditory Pelvic Instability from Integrated STNR	PowerPoint presentation Demonstration – focus on isometric protocol Practice STNR isometric protocol and review movements relating to STNR
12.15-12.30	Auditory Processing Challenges	PowerPoint Discussion
12.30 - 1.30	Lunch	
1.30 - 2.15	The Hand Mouth Babkin Reflex How this links to writing and speech and language challenges	PowerPoint presentation Group Demonstration and practice of Babkin protocol through Noticing Noticing own hand and grasp development
2.15-2.45	Development of Grasp Why handwriting is important for development Writing and fine motor challenges	PowerPoint presentation Discussion
2.45-3.00	Tea Break	

3.00-4.00	The Palmar Grasp and Hands Pulling Reflexes How they work together to develop fine motor skills	PowerPoint presentation Demonstrate checks and protocol Practice protocol Discussion
4.00-4.30	Why Movements and Motor Training are important for Development - review	Discussion Small groups - one movement per group Come back and demonstrate and explain modifications
4.30-5.00	Questions Clarifications Oral - answer questions based on RMT questionnaires for children	Discussion
5.00-5.30	Complete test Complete feedback forms Closing - Certificates given	Discussion