

**Agenda**  
**RMTi One – Focus, Organization & Behavior**  
**Two Day Workshop (14 Hours)**  
**Day One**

<b>Time</b>	<b>Topic</b>	<b>Delivery Method</b>
9.00-9.30	Housekeeping Hand out manual Manual orientation Introductions	Discussion
9.30-10.45	What is RMT? Concepts? Role of Movement, Reflexes & Senses in Development Reflexes are a Journey Concept of exact movement	PowerPoint presentation Demonstration Practice
10-45-11.00	Tea Break	
11.00- 12.00	Concept of exact movement Indicators of having done enough movement Concept of Less is More Structure of Procedures Movement demonstration Feedback about practice	Discussion PowerPoint
12.00-12.30	Physiological Indicators of having done enough Physical & Emotional Reactions	PowerPoint Discussion
12.30 – 1.30	Lunch	
1.30 – 3:30	The Tonic Labyrinthine Reflex	PowerPoint presentation Demonstration and Practice – through Noticing Practical experience of RMTi Procedure Isometrics Practice movements Feedback about experience
3.30-3.45	Tea Break	

3.45-5:15	The Landau Reflex	PowerPoint presentation Demonstration and Practice – through Noticing Practical experience of RMTi Procedure Isometrics Practice movements Feedback about experience
5.15-5.30	Reminders Feedback about day Any questions	Discussion

**Agenda**  
**RMTi One – Focus, Organization & Behavior**  
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**Day Two**

<b>Time</b>	<b>Topic</b>	<b>Delivery Method</b>
9.00-9.30	Feedback about yesterday Any questions Review of yesterday	Discussion
9.30-9:45	Isometric Pressure Techniques (Review)	PowerPoint presentation Demonstration
9:45 – 10:15	Focus and Attention problems as an immaturity of the brain	PowerPoint presentation Discussion
10:15- 10:30	What to do if change is not permanent	Discussion
10:30-10:45	Seizures and RMT	Discussion Demonstration Practice
10-45-11.00	Tea Break	
11.00- 12.15	The Asymmetrical Tonic Neck Reflex	PowerPoint Demonstrate Practice
12.15-1:00	Sitting and Kneeling Movements	Demonstrate Practice
1:00-2:00	Lunch	

2:00-2:45	The Symmetrical Tonic Neck Reflex	PowerPoint presentation Group Practice of Procedure through Noticing Check posture Choose a sitting/kneeling movement
2.45-3.45	The Spinal Galant Reflex  Passive Isometrics	PowerPoint presentation Demonstrate Practice Spinal Galant Procedure – pairs Practice passive isometric Procedure Discussion
3.30-3.45	Tea Break	
3.45-5:00	The Amphibian Reflex The Babinski & Amphibian Reflexes	PowerPoint presentation Demonstrate Babinski Procedure – Pairs Feedback and Discussion
5:00-5:30	Questions Clarifications Oral – answer questions based on RMT questionnaires for parents Closing - certificates	Discussion